

\*\*\*MEDIA ALERT \*\*\*

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girl  crush  
She's like your real BFF... but famous!

## Chelsea Handler

Sitting down with Chelsea Handler is like playing a game of verbal Russian roulette — you never know what might happen when you pull the trigger on any given topic. We had the chance to meet with the late night funny girl and author as she embarks on her new tour to promote the highly anticipated next one of her “pee your pants” books and supporting national stand-up tour, *Uganda be Kidding Me*.

Chelsea shares her insights on the latest craziness in pop culture, how “not hard” it is to be a celebrity, her out of this world travel stories, and New Year's resolutions. Chelsea and 7UP TEN have teamed up to help others with their resolutions, too.

Quotes from the interview that can be used providing a link back to: <http://www.sheknows.com/girl-crush>

- On Handler's unique insight and travel tips from *Uganda be Kidding me*. "It's just bad advice all around," she laughs. "It's the worst advice. It's like hot parenting tips from somebody whose never had a baby, or how to lose your baby weight after a baby — I wouldn't know, but I can tell you how to do it."
- "I'm able to go on these ridiculously luxurious vacations and get to bring lots of my friends with me and, you know, act like American idiots."
- "We go to some of the most beautiful places in the world, and I really have no business being in any of these places, and the way that I conduct myself isn't really respectable, the amount of alcohol we consume isn't respectable... I know, it's very hard to imagine. That's why I had to put pen to paper, so I could give a dose of it to everybody."

- On new year's resolutions: "Year after year, people make unrealistic resolutions and resolve to give up sweets, give up being a couch potato, give up being miserable at their job and resolve to find their one, true soul mate. And believe me — that's just my list. But these lists just go on and on. Frankly, I'm sick of it".

## About SheKnows

- Stay tuned for a [giveaway](#) for tickets to Chelsea's tour later this month!

SheKnows, LLC is an award-winning women's media platform and a top lifestyle site with a network of more than 40 million unique visitors per month (comScore 2013). The SheKnows family of sites ranges from entertainment and parenting to beauty and food. Our mission is to connect women's interests in real-time and in real voices, celebrating the everyday "experts among us." We enable brands to distribute authentic content and integrated advertising at scale to influence preferences and drive purchases. SheKnows is headquartered in Scottsdale, Arizona, with offices in New York, Los Angeles and Chicago. The company also operates internationally, with sites in Canada, Australia and the United Kingdom.

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### LAURENMILLEA

Consumer Publicity Manager

Expert budget traveler, Ashtanga yogi, out to change the world

[lauren.millea@sheknows.com](mailto:lauren.millea@sheknows.com) | p. 480.237.7100 ex.4171 | c. 602.320.5613 | f. 480.237.7103 |

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16101 N. 82<sup>nd</sup> Street, Suite A-9

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