

MEDIA ALERT: April 1, 2013

SheKnows Girl Crush of the Month, Jamie-Lynn Sigler, shares her excitement over her pregnancy and her impending nuptials!

girl crush

She's like your real BFF... but famous!



SheKnows met up with the adorable [Jamie-Lynn Sigler](#) at Lovely Bride in West Hollywood, where the 31-year-old Sigler discussed starting the year off with two life-changing announcements: first her pregnancy and then an engagement. From the proposal to pregnancy woes to picking baby names, Sigler shares every detail of her exciting journey with SheKnows.

Sigler, best known for playing Meadow Soprano on *The Sopranos* for six seasons, just wrapped her first season of the NBC comedy [Guys With Kids](#). Now the actress is turning her attention from a show about parenthood to the real-life experience of raising a child. She and fiancé Cutter Dykstra, an infielder for the Washington Nationals, just learned they are expecting a baby boy in August!

Highlights from Jamie-Lynn:

- Tells the story of fiancé's proposal
- Talks wedding planning: Destination and ideas
- Shares who's on their celebrity couple BFF wish list
- Gushes about growing her family and what she looks forward to most about becoming a mom

"I'm just wanting to chill and just be pregnant and relax because it's a lot of stress to when you're working and I want to give 100% and right now I don't think I could because I'm so focused."

Read our [April Girl Crush interview here >](#)

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